

JOIN US!



And help your community learn more about mental health services!

Engage your community

Spread education and awareness

Advocate for mental health

Practice public speaking and leadership

Date: Wednesday February 5th, 2020

Time: 9:00 am to 3:30 pm

Location: Wayfinder Family Services 5300 Angeles Vista Blvd Los Angeles, CA 90043

The Los Angeles County Department of Mental Health in partnership with Wayfinder Family Services is seeking individuals who are a part of the Deaf, hard of hearing, blind, and/or physically disabled communities or are a family member or caregiver for someone who is. They will attend a one-day training in mental health topics and provide 2 to 3 community presentations. Participants will be eligible to receive a stipend of up to **\$125.00** for their time.

Participants will attend a one-day training which will provide information on:

- Basic Mental Health Education
- Crisis Identification/Resolution
- The Power of Self-Advocacy
- Community Outreach Strategies
- Storytelling and Public Speaking
- Accessing Mental Health Services

After the training, participants of this project will provide 2-3 community mental health presentations in their home communities to individuals who could benefit from learning about mental health, and accessing mental health services. Training and support for providing community mental health presentations will be provided! Potential groups for community mental health presentations could include:

- community town hall meetings
- Parent Teacher Student Associations
- religious groups
- volunteer or civic groups
- neighborhood councils

For more information and to sign up, please call Wayfinder Family Services at 323-290-4384. Or send us an email with your name and phone number to WFSrsvp@wayfinderfamily.org

For 24/7 mental health services help, please call the Los Angeles County Department of Mental Health ACCESS Line at 1-800-854-7771.

